

### Climate change, environmental degradation and disasterconsequences for women's health.

INTERNATIONAL HEALTH AWARENESS NETWORK (IHAN) United Nations CSW 2022 Virtual Parallel Event

#### **EVENT PROGRAM**

Sydney:Sunday20 March, 202211.00am-1.00pmNew YorkSaturday19 March, 20228.00-10.00pm

#### Welcome

Professor Gabrielle Casper BSc(Hons) MBBS FRANZCOG President, International Health Awareness Network. Head of Clinical Discipline Obstetrics and Gynaecology, Sydney Campus, The National School of Medicine, The University of Notre Dame Australia (UNDA)

Dr Sorosh Roshan M.D. MPH Founder and Past President of the International Health Awareness Network

Professor Lynne Madden BSc (Med)Hons1, MBBS, MPH, MSc, FFPH (UK), FAFPHM, FPHAA, MAICD Professor of Population and Planetary Health, National School of Medicine, UNDA

Professor Elaine Congress MSSW, MA, DSW, LCSW Associate Dean and Professor Fordham University Graduate School of Social Service, New York. Co-chair Fordham Institute for Women and Girls

A/Professor Sandra Turner Ph.D., LCSW Assoc. Professor Fordham University Graduate School of Social Service, New York. Chair of the Fordham Institute for Women and Girls

## Background to IHAN, CSW and the current challenge of climate change, environmental degradation and disaster

International Health Awareness Network	Dr Vijaya Melnick Ph.D. FIMSA Prof. Emerita of Biological Sciences, Co-President IHAN
The Commission on Status of Women	Professor Elaine Congress Fordham Institute for Women and Girls

Professor Elaine Congress Fordham Institute for Women and Girls Ms Linda Levin BSSW. MSW Student at Fordham University, New York. UN CSW Student representative for the International Federation of Social Work.

## 14-25 MARCH 2022 CSW66 COMMISSION ON THE STATUS OF WOMEN

## CLIMATE CHANGE • ENVIRONMENT DISASTER RISK REDUCTION



EMPOWERING THROUGH HEALTH AND EDUCATION



Key message emerging from the recent IPCC Professor Lesley Hughes PhD Distinguished Professor of Biology and Interim executive Dean of the Faculty of Science & Engineering, Sixth Assessment Report Macquarie University **Bangladesh climate change and environmental** Ambassador Rabab Fatima BA, MA Ambassador & Permanent Representative of Bangladesh to the degradation United Nations New York and President of the UN Women Executive Board for the year 2022. **Climate Change and Violence Against Women** Dr Eleanor Nwadinobi MBBS, EMA, FAAC and Girls Intersect President, MWIA. Founding Co-Chair of the Every Woman Treaty steering committee Ms Louise S Raedler-Waterhouse B.Comm(Mar) Merit, GCCT The Tongan volcanic eruption and tsunami disasters - the role of Tongan women in the Honourary Consul General, Kingdom of Tonga response A/Prof Meagan Brennan FRACGP PhD Medical Educator, National School of Medicine, UNDA The threat of climate induced migration and A/Prof Celia McMichael MA(Hons), M.Epi, PhD displacement for populations School of Geography, Earth and Atmospheric Sciences, University of Melbourne **Questions for the panel** Dr Denise Abel New York Presbyterian Hospital and Treasurer of International Health Awareness Network **Building the evidence for action** Climate change and health - Measuring and Ms Katherine Vail BAppSc(MRS)DR., Year 3 MD Student UNDA monitoring the health effects of climate change. Ms Nicole Clennar BMedSc., Year 3 MD Student UNDA The contribution of The Lancet Countdown Mr Calum McInnes BSc., Year 3 MD Student UNDA **Reports and country specific reports** Gender inequity exacerbates the effects of Ms Zalak Desai BoHSc., M.Glob.Hlth, Oral Health Therapist climate change on women's health Dr Ying Zhang PhD, Associate Professor at the School of Public Health, University of Sydney Hon Prof Helen Berry MA, BSc, BAppPsych, PhD GAICD Mental health, climate change and disaster Dr Georgia Behrens BA (Hons), MD, Adjunct Clinical Lecture, UNDA Climate change: consequences on maternal Dr Orchid Abar MD Resident physician Dep. Obs and Gyne, health Abington - Jefferson Health near Philadelphia, PA How climate change is changing patterns of Mr Christopher Tang BPharm (Hons), Year 3 MD Student UNDA vector borne diseases Farah Wang BMLSc. Year 3 MD Student UNDA Air pollution, climate change and the effects on Ms Stephanie Morgan Schlicht BSci (Hons).t, Year 3 MD Student health, in particular the health of children and UNDA women Mr Patrick Dooley BSci Year 4 MD Student University of Melb.





Student UNDA

Student UNDA

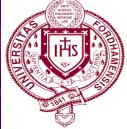
New York

New York.

University, New York

MD Student UNDA

# EMPOWERING THROUGH HEALTH AND EDUCATION



Climate and young girls' health

Ms Isabella Tan Year 1 BComLLB Student UNSW Ms Charlotte Tan Year 11 North Sydney Girls High School Ms Indigo Kite Year 1 BSc Student ANU

Ms Georgina Dowsett BPhty., Year 3 MD Student UNDA

Ms Lily Claringbold BSc(Hons), MPhil. Year 3 MD Student UNDA Ms Lily Davis BBiomed, DipLang., Year 3 MD Student UNDA

Mr Yousef Hakimi B.Pre-Med. Sci & Health. Year 3 MD Student

Stephanie Zwi BAdvSci(Hons), Year 3 MD Student UNDA

Jessica Oakley BSci (Hons), Year 3 MD Student UNDA

Ms Erika Mendes BMedSci., Year 3 MD Student UNDA

Miss Antonia Gazal BCom, Year 3 MD Student UNDA Miss Tamara Best BSc. Year 3 MD Student UNDA

Ms Nancy Wei BBiomed., Year 3 MD Student UNDA

Ms Clare Maher BVis Sci MOptom, Year 3 MD Student UNDA

Dr Pejhman Keshvardoust B. Science (Advanced), PhD., Year 3 MD

Ms Katerina D. Arvanitakis BSc(Hons I), Year 3 MD Student UNDA

Professor Elaine Congress, Fordham Institute for Women and Girls,

Ms. Cindy Frias-Aguilar BA., MSW Student at Fordham University,

Ms Cici Ogden BS(mathematics), MSW Student at Fordham

Mr Addison Borst BMedHlthSci(Hons). Year 3 MD Student UNDA

Samantha Ramsay BArts/BSci. BSci (Psyc), GradDipPH. Year 3 MD

Miss Monica-Rose Van de Luecht BachAppSci DR (Hons), Year 3

Questions for the panel

#### **Taking action**

The public health co-benefits of taking action on climate change.

The connection between the health of people and health of country. The response by first nations women to defend country

Global trends in gender based violence post disaster.

The SDGs working to protect the health of women and children – the response by the UN to Women's health and Climate

Creating climate resilient healthcare systems

Leadership by health professional students at the international and local levels

Fordham Student education and advocacy at the UN

Preparing the health professions - responding through medical education and a new approach to a Master of Public Health degree.

#### Questions

Highlights from the session

Professor Lynne Madden, A/Prof Meagan Brennan, Dr Georgia Behrens UNDA

NGO's and the future

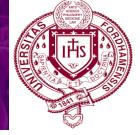


Professor Gabrielle Casper UNDA

Professor Lynne Madden UNDA



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## **SPEAKER BIOGRAPHIES:**

Welcome









#### Professor Gabrielle Casper BSc(Hons) MBBS FRANZCOG

Professor Gabrielle Casper is President of International Health Awareness Network, Head of Clinical Discipline Obstetrics and Gynaecology, Sydney Campus, The National School of Medicine, The University of Notre Dame Australia (UNDA) and Past Chairman of the NSW State Committee of the Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG). She is Past President of Medical Women's International Association (MWIA). She has undertaken projects with the World Health Organisation and United Nations and cares for her patients with compassion and understanding while lobbying to improve women's health in Australia and overseas

#### Dr Sorosh Roshan M.D. MPH

Dr. Sorosh Roshan is the founder and Past President of the International Health Awareness Network. She is a former Adjunct Associate Professor at New York University, Vice President of the International Council of Women, and President of the National Council of Women U.S.A. Dr. Roshan was also the Director of the Lehman College Foundation. Dr. Roshan is one of the most salient voices on women's health and empowerment advocacy worldwide. IHAN's mission is to educate, empower and provide healthcare to socioeconomically underserved women and children. IHAN has advisory council members in Jordan, Kenya, India, Switzerland, Turkey, Dominican Republic USA, Australia, Bangladesh, South Africa, England.

## Professor Diana Lynne Madden BSc(Med)Hons1, MBBS, MPH, MSc, FFPH (UK), FAFPHM, FPHAA, MAICD

Professor Lynne Madden is inaugural Professor of Population and Planetary Health at the National School of Medicine, at The University of Notre Dame Australia. She was Associate Dean, Learning and Teaching for the medical program 2012-2020. From 2016-2018 Lynne was President of the Australasian Faculty of Public Health Medicine and a member of the Board of the Royal Australasian College of Physicians (RACP). She chairs the RACP Climate Change and Health Research Advisory Committee and is a member of the Climate Change and Health Reference Group.

#### Professor Elaine Congress, MSSW, MA, DSW, LCSW

Dr. Elaine Congress is Associate Dean and Professor at Fordham University, New York City. She is the co-chair of the Fordham Institute for Women and Girls. At the United Nations, she represents three NGOs, Fordham University, the International Federation of Social Workers (IFSW), and the Institute of Multicultural Counselling and Education Services (IMCES). She is the author of many articles and books on social work ethics and values, multicultural practice, health, and immigrants including the recent *Behavioral Science in the Global Arena: Addressing Timely Issues at the United Nations and Beyond* (2020). The next two in press books in this UN book series will focus on health.

#### A/Professor Sandra Turner Ph.D., LCSW

A/Professor Sandra G. Turner is an Associate Professor and past Academic Associate Dean of Fordham University Graduate School of Social Service. She is co-chair of the Institute for Women and Girls at Fordham University. Her research interests are in the areas of feminism, empowerment, sexual abuse, and substance abuse. She is the Co-President of *Affilia*: Feminist Inquiry in Social Work. She has published over 30 articles and book chapters on these topics.



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## Background to IHAN, CSW and the current challenge of climate change, environmental degradation and disaster



#### Dr Vijaya Melnick Ph.D. FIMSA

Dr Vijaya Melnick is Professor Emerita of Biological Sciences and the former Director of the Center for Applied Research and Urban Policy, University of the District of Columbia. She served as Associate Director, International Center for Interdisciplinary Studies in Immunology, Georgetown University Medical Center. She is Co-President of the International Health Awareness Network. She served as Principal Investigator on research projects on the health of women & children, and on international biomedical and bioethics programs. She has authored research and policy papers and books. She is listed in Who's Who publications and is the recipient of the Albert Nelson Marquis Lifetime Achievement Award.

#### Professor Elaine Congress MSSW, MA, DSW, LCSW

Associate Dean and Professor Fordham University Graduate School of Social Service, New York. Co-chair Fordham Institute for Women and Girls

#### Ms Linda Levin BSSW MSW Student at Fordham University, New York

Linda Levin is a student representative for the International Federation of Social Work. She is currently an Advanced Standing MSW Student at Fordham University in New York City, having earned her Bachelor of Science in Social Work with a focus in disability studies at the CUNY College of Staten Island. Linda has diligently remained active in her community codeveloping a community of practice fellowship *Public Conversations For Change Fellowship* as part of the Equity and Belonging Project to promote anti-racist equitable positive solutions and inclusion. Linda is most passionate about advancing human rights, public health, disaster preparedness and accessibility justice.

#### **Professor Lesley Hughes PhD**

Lesley Hughes is Distinguished Professor of Biology and Interim Executive Dean of the Faculty of Science & Engineering at Macquarie University. Her principal research interests have been the impacts of climate change on species and ecosystems and the implications for conservation. She is a former Lead Author in the IPCC's 4<sup>th</sup> and 5<sup>th</sup> Assessment Report, a former federal Climate Commissioner, a member of the Wentworth Group of Concerned Scientists, and a founding Councillor with the Climate Council of Australia.

#### Ambassador Rabab Fatima BA, MA

Ambassador Rabab Fatima is the 2022 President of the UN Women Executive Board and is the Permanent Representative of Bangladesh to the United Nations in New York. Prior to that she was Bangladesh Ambassador to Japan. Ambassador Fatima is a career diplomat and has served in various positions in the Ministry of Foreign Affairs of Bangladesh and in Bangladesh missions in New York; Kolkata, India; Geneva; and Beijing. Ambassador Fatima also served in lien with two international organizations, namely, the Commonwealth Secretariat, London, as Head of Human Rights; and with the International Organization for Migration's Regional. Offices in Dhaka, Bangladesh; and Bangkok, Thailand. Ambassador Fatima received her M.A. in International Relations and Diplomacy from the Fletcher School of Law and Diplomacy, Tufts University, USA, and B.A. in Social Science from the University of Canberra, Australia



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# **HAN**



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#### Dr Eleanor Nwadinobi MBBS, EMA, FAAC

Dr Nwadinobi is an independent gender, health, women's rights, and women, peace, and security expert in Nigeria. She is President, Medical Women's International Association and founding Co-Chair of the Every Woman Treaty steering committee. Dr Nwadinobi has worked on a wide range of issues including women's rights, widows' protection, child trafficking, girls' education, harmful practices, peace building, and violence prevention with the African Union, DFID, ECOWAS, UN, the World Bank and others. She sits on the Board of several International and National Organisations, published several papers and made numerous conference presentations and recipient of several awards

#### Ms Louise S.Raedler-Waterhouse B. Comm(Mar) Merit, GCCT

Louise has represented the Kingdom of Tonga for 27 years, now as Honourary Consul-General for Australia. Her duties include supporting Tongans in Australia and the Tonga-Australia relationship. She helped introduce 'Australian Seasonal Workers Programme' in 2012 – Tongan workers assisting Australian farmers seasonally and taking funds home. Louise has goodwill projects sourcing donations of equipment and funds. Louise produced two publications promoting Tongan culture. She is passionate to revitalise agriculture to improve Tonga's sustainability, international exports and to train Tongans in special skills. She is heavily engaged following the unprecedented Volcano/Tsunami disaster which caused widespread devastation to Tonga in Jan 2022.

#### A/Prof Meagan Brennan FRACGP, PhD

Meagan is a Breast Physician at Westmead Hospital in Sydney and Medical Educator at The University of Notre Dame Australia. She has an interest in the impact of climate change on health. She is supporting efforts to prepare future doctors to manage the effects of climate change on the health of their patients. Meagan has clinical expertise in caring for women at high genetic risk of breast cancer and women recovering from breast cancer. She has a special interest in enhancing the patient experience in health care.

#### A/Prof Celia McMichael MA(Hons), M.Epi, PhD

School of Geography, Earth and Atmospheric Sciences, University of Melbourne Celia teaches and conducts research focused on health geography, international health, migrant and refugee health, and climate change-related migration and displacement. She has worked in Nepal, Fiji, Angola, Peru and Sri Lanka. Celia is currently working on research projects focusing on refugee resettlement in Australia, and climate change-related migration and relocation in Small Island States. Celia has experience in academic research, applied research consultancies and work in the international development sector (with WHO, IFRC, NGOs and UN agencies).

#### **Dr Denise Abel**

Denise is a Medical Doctor who graduated from UNIBE - Universidad Iberoamericana in the Dominican Republic and currently lives in New York. Denise works closely with the Hispanic community as part of New York City health insurance programs and is currently working for New York Presbyterian Hospital. Denise is the Treasurer of International Health Awareness Network.



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#### **Building the evidence for action**

#### Ms Katherine Vail BAppSc(MRS)DR Year 3 MD Student UNDA Ms Katherine Vail is a third-year medical student at the University of











Ms Katherine Vail is a third-year medical student at the University of Notre Dame (UNDS) School of Medicine, Sydney. She is a practicing diagnostic radiographer in Australia with experience in the private and public sector. Katherine is passionate about International Women's Health and has volunteered at hospitals and rural outreach clinics in Nepal. She was involved in the assessment of women living in high altitude conditions. In 2021, Katherine was the Events Coordinator of the UNDS Society of Equity in Medicine and facilitated an International Women's Day Speaker Panel for medical students in Sydney.

#### Ms Nicole Clennar BMedSc. Year 3 MD Student UNDA

Nicole Clennar is a third-year medical student at the School of Medicine in Sydney, The University of Notre Dame Australia. Prior to this, she completed a Bachelor of Medical Science at the University of New South Wales. Nicole is passionate about alleviating the global rural health burden and has a particular interest in women's health. As an executive of UNSW's Rural Medicine Society, she has facilitated several programs and workshops with a focus on rural & Aboriginal and Torres Strait Islander Health. She has coordinated and led a public health initiative called 'healthy lunch boxes' with a focus on education and preventative medicine.

#### Mr Calum McInnes BSc. Year 3 MD Student UNDA

Calum McInnes is a third-year medical student at The University of Notre Dame, Sydney. Before this he completed a Bachelor of Science majoring in Psychology at the University of Auckland where he was awarded a University Blue for Service and Leadership. He then worked self-employed doing landscaping and property maintenance prior to starting Medical School. During this time and throughout undergraduate studies, Calum served as a Senior Firefighter with Fire and Emergency New Zealand. It is through this, that he has developed an interest in critical care and retrieval medicine.

#### Ms Zalak Desai, BoHSc., M.Glob.Hlth.

Zalak Desai is an Oral Health Therapist who has recently graduated from the University of Sydney with a Master of Global Health. Prior to this, she has completed a Bachelor of Oral Health Science at Latrobe University in Australia. In 2021, she published a scoping review in collaboration with Professor Ying Zhang at the University of Sydney, exploring the important link between women's health and climate change. Zalak has a keen interest in women's health and one day hopes to work towards achieving health equity through global collaborations.

## Dr Ying Zhang, PhD, Associate Professor at the School of Public Health, University of Sydney, Australia

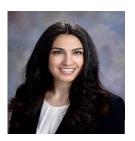
Associate Professor Ying Zhang is a senior epidemiologist working on climate change and global health for almost two decades. She has been the Co-Chair of the MJA-Lancet Countdown to assess national progress on health and climate change in Australia since 2017. A/Prof Zhang is the convenor of the Sustainability, Climate and Health Collaboration group at the University of Sydney, a council member of the Australasian Epidemiological Association, an advisor to the World Health Organisation Civil Society Working Group on Climate change and Health, and previous board member of Climate and Health Alliance Australia.















# **HAN**



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#### Hon Prof Helen Berry MA, BSc, BAppPsych, PhD. GAICD.

Helen established the field of climate change and mental health research with an influential 'background paper' for the *The Garnaut Climate Change Review*, 2008. In 2018, she became the world's first and the University of Sydney's inaugural Professor of Climate Change and Mental Health. She has advised on numerous national and international research programs. For example, she led the Lancet Countdown's early work on the effects of climate change on mental health, and was a lead member in establishing the MJA-Lancet (Australian) Countdown scientific team, developing its (and the world's) first metric for heat and suicide for the decades to 2018 and 2019. She has developed several population screening measures which are included in population health, intervention studies and public health initiatives globally, including the Brief Weather Disaster Trauma Exposure and Impact Screen. Helen holds an honorary professorial appointment at Macquarie University.

#### Dr Georgia Behrens BA (Hons), MD

Georgia is a junior doctor passionate about the intersection of climate change and human health. She balances clinical work with roles as a Board Director for Doctors for the Environment Australia, an adjunct clinical lecturer at the University of Notre Dame Sydney, and lead policy author for the MJA-Lancet Countdown on Health and Climate Change. While completing her medical studies, she participated in United Nations climate change negotiations; published on planetary health and sustainable healthcare education; and held leadership positions with several local and national student organisations. In 2022, she will take up a General Sir John Monash Scholarship to undertake postgraduate study in public health.

#### Dr Orchid Abar, MD

Orchid Abar was born and raised in New Jersey, USA after her parents immigrated there from Iran a few years prior. She earned her Bachelor's Degree in Global Health and Environmental Studies from Washington University in St. Louis, MO in 2016. She graduated medical school from Drexel University College of Medicine in Philadelphia, PA in 2020. Orchid has a strong passion for women's health and advocacy. She is currently a resident physician in the department of Obstetrics and Gynecology at Abington - Jefferson Health near Philadelphia, PA. She strives to be a strong advocate for gender equality throughout her career.

#### Mr Christopher Tang BPharm (Hons). Year 3 MD Student UNDA

Christopher Tang is a third-year medical student at the School of Medicine in Sydney, The University of Notre Dame Australia. Before this, he completed a Bachelor of Pharmacy (Honours) at the University of Sydney. Christopher has been working as a community pharmacist for three years at an independent chemist in Cherrybrook. He is passionate about the effects of climate change and has participated in the AMSA Code Green Hospital Hackathon event with other Notre Dame representatives. Christopher grew up in Canada and hopes to explore different career paths in medicine.

#### Farah Wang BMLSc. Year 3 MD Student UNDA

Farah is a third year medical student at University of Notre Dame, Sydney. Previously, she was awarded the Professor Sandy Smith Prize 2017. Her research projects were presented to the Prince of Wales and Wollongong Hospital: 'Integration of Public Health Units, Microbiology and Haematology Laboratories in the management of an STEC outbreak' and 'Validation of the PFA200'. She worked at St George Hospital before joining the University of Sydney. As a representative for the Society for Equity in Medicine, her interests lie in health inequity in infectious diseases, maternal and paediatric health and science communication.





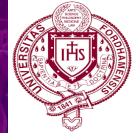












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#### Ms Stephanie Morgan Schlicht BSci (Hons). Year 3 MD Student UNDA

Stephanie is a third year Medical Student at the University of Notre Dame, Sydney. Stephanie completed her Honours investigating Alzheimer's Disease using induced pluripotent stem cells. Stephanie has an invested interest in Aboriginal and Torres Strait Islander health and has worked in remote NSW and QLD. Furthermore, Stephanie is interested in the cross-section of women's health in these communities and the effects of climate change in remote communities which have complex and chronic health needs. Stephanie hopes to improve access to culturally safe care for women both locally and globally.

#### Mr Patrick Dooley BSci Final year MD Student University of Melbourne

Patrick is a final year medical student at the University of Melbourne. Prior to this he completed a Bachelor of Science majoring in Neuroscience at the University of Melbourne. He is interested in the relationship between climate, environment and public health, and the healthcare industry's contribution to global warming. Patrick hopes to use his study and career to further explore the growing impacts of climate change which pose an inherent health risk. He hopes to practice medicine in the communities of rural and remote areas.

#### Ms Isabella Tan Year 1 BComLLB Student UNSW.

Isabella Tan is a UNSW student studying a Bachelor of Commerce and Bachelor of Law. She is a Barrenjoey Equities Research Cadet within the gaming and transport team, with a leadership background as former Vice House Captain of North Sydney Girls, and assistant concert master of the North Sydney Girls Symphony Orchestra and Advanced String Ensemble. In 2020, Isabella was selected as a Youth Leader for the School Strike 4 Climate Australia to lobby for climate action amongst the younger generation. She has successfully achieved multiple independent writing awards such as Mosman Youth Literature Awards.

#### Ms Charlotte Tan Year 11 North Sydney Girls High School.

Charlotte Tan is a senior high school student at North Sydney Girls High School. She has interests in assisting younger school aged children from diverse underprivileged backgrounds and supporting them through education and a variety of volunteer sports coaching. Charlotte has undertaken volunteering in many capacities for nonprofit charities including cooking for homeless shelters and educational support. She has a background in music performance in violin and piano as well coaching of younger children in netball. Charlotte has interests in advocacy for adequate healthcare, mental health and rights of younger less fortunate girls from diverse and challenging backgrounds.

#### Miss Indigo Kite Year 1 BSc Student ANU

Indigo is currently in her first year of tertiary education studying Bachelor of Science at the Australian National University, where she hopes to major in human biology and minor in psychology. Indigo is aiming to pursue a career in Genetic Counselling after university, as she looks forward to providing clarity, guidance and emotional support to families impacted by genetic disorders. Passionate about the environment, she enjoys beekeeping with her mum as they provide honeybee habitats through their at-home hives, doing their part to slow the decline of Australian bee populations



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#### **Taking** action











#### Ms Georgina Dowsett BPthy. Year 3 MD Student UNDA

Georgina Dowsett is a third-year medical student at the University of Notre Dame School of Medicine, Sydney. Prior to this she worked as a physiotherapist at Royal North Shore Hospital, having completed a Bachelor of Physiotherapy at the Australian Catholic University. Georgina has sought out placement opportunities across rural NSW and witnessed the impact of environmental changes on the health of Australians in rural settings. Georgina completed a Diploma in Professional Communication and is passionate about addressing systemic barriers to equity in women's health, including clinical communication in vulnerable populations.

#### Ms Lily Claringbold BSc(Hons), MPhil. Year 3 MD Student UNDA

Lily Claringbold is a third-year medical student at the School of Medicine in Melbourne, The University of Notre Dame Australia. She has completed a Bachelor of Science (Honours) and Master of Philosophy (Medicine) at the University of Melbourne. Lily's honours thesis involved exploring the factors influencing young women's choice of contraception, to better understand the low rate of long-acting reversible contraception in Australia. Her master's thesis explored the provision of psychosocial support in early pregnancy assessment services across Australia. Lily has a keen interest in women's health and is passionate about improving health equity.

#### Ms Lily Davis, BBiomed, DipLang. Year 3 MD Student UNDA

Lily Davis is a third-year medical student at the University of Notre Dame Australia. She completed a Bachelor of Biomedicine and a Diploma of Languages in German at the University of Melbourne. She was co-chair of the Paediatric Association of Notre Dame Australia in 2021, engaging in an area of medicine she was already passionate about. Her volunteer work with the Centre for Multicultural Youth Melbourne, and the Women's and Girls' Emergency Centre Sydney expanded this enthusiasm and Lily looks forward to pursuing a career in maternal and child health in the future.

#### Mr Yousef Hakimi, B. Pre-Med, Sci & Health. Year 3 MD Student UNDA

Yousef Hakimi is a third-year medical student at UNDA, and Master of Global Health student at UNSW. Yousef is passionate about women's health and the biophysical environment and is currently conducting research on COVID-19's impact on maternal health outcomes. Yousef has a strong background in advocating for women's health, having run workshops on cervical and breast screening across Australia and South Africa, as well as chairing numerous committees including the University of Notre Dame's Society for Equity in Medicine. He hopes to continue his passion through a career in rural obstetrics.

#### Mr Addison Borst BMedHlthSci(Hons). Year 3 MD Student UNDA

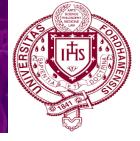
Addison is a third-year medical student at the University of Notre Dame, Sydney. Before this he completed a Bachelor of Medical and Health Science (Honours) at the University of Wollongong. Addison's thesis involved investigating the isotopic ratios of naturally occurring calcium of patients with kidney disease, which he completed at Wollongong Hospital. Addison is passionate about the inequalities faced by women both nationally and further abroad and hopes to do his part in addressing them throughout his future career. Addison grew up on the South Coast of NSW, Australia and hopes to pursue a career in family medicine.



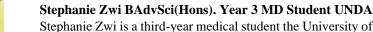




# EMPOWERING THROUGH HEALTH AND EDUCATION







Stephanie Zwi is a third-year medical student the University of Notre Dame Australia, currently living in Melbourne. Prior to studying medicine, Stephanie completed a Bachelor of Advanced Science (Honours) at the University of New South Wales, where her honours project involved investigating the regeneration of dopamine neurons in zebrafish. Following this, Stephanie worked as a research assistant at the Sydney Health Literacy Lab, School of Public Health, The University of Sydney. Stephanie is interested in preventative health and achieving equal access to healthcare for people of all cultural and linguistic backgrounds, sexual orientations and gender identities.

#### Jessica Oakley BSci (Hons). Year 3 MD Student UNDA

Jessica Oakley is a third-year medical student at the School of Medicine in Sydney, The University of Notre Dame Australia. She has completed a Bachelor of Science (Honours) at the University of Melbourne. Jessica completed her thesis at the Murdoch Children's Research Institute, using novel geocoding methods to investigate how urban design influences the physical and mental health of children. Jessica is passionate about advocacy and public health, and last year volunteered on writing key policies with the Australian Medical Students Association. She annually volunteers in Condobolin NSW as a part of an ongoing interest and commitment to rural health.

#### Ms Erika Mendes BMedSci. Year 3 MD Student UNDA

Erika is a third-year medical student at UNDS. Prior to medicine, Erika completed a Bachelor of Pre-Medicine, Science and Health, majoring in Medical Science at UOW. As her parents are first-generation migrants, she is passionate about refugee and migrant families and their ease into the Australian community; involved with school camps and welcome days with JCA and ARV. She was also the co-chair of the first women's health society WANDA, where she organised many speaker nights and activities to raise awareness of the modern woman's health issues. She strives to stay involved in this important area of healthcare.

#### Samantha Ramsay BArts/BSci, BSci (Psyc), GradDipPH. Year 3 MD Student UNDA

Samantha Ramsay is a third-year medical student at the University of Notre Dame, Sydney. She has completed a Bachelor of Arts and Science from Macquarie University, a Bachelor of Psychology from Central Queensland University, and an honours degree in Public Health through the University of Tasmania. She has previously worked in policy in various state departments, including the NSW Ministry of Health. Samantha is passionate about using policy to improve the health outcomes of underserved populations, and hopes to combine her background in policy with her medical studies to advocate for these communities in the future.

#### Miss Monica-Rose Van de Luecht BachAppSci DR (Hons). Year 3 MD Student UNDA

Monica-Rose is a third-year medical student at the University of Notre Dame, Sydney. She completed a Bachelor of Diagnostic Radiography (first-class Honours) from the University of Sydney. Monica's thesis explored the use of eye-tracking in lung cancer screening to aid radiologist interpretation. Monica is passionate about advocating for women's health introducing the University of Notre Dame Sydney's first women's health society 'WANDA' in 2021. She is also passionate about social equity, volunteering for her local rotary club and as a youth leader since 2016. Monica aspires to practice medicine in rural Australia and hopes work with Medecins Sans Frontieres.















# EMPOWERING THROUGH HEALTH AND EDUCATION













#### Miss Antonia Gazal BCom. Year 3 MD Student UNDA

Antonia Gazal is a third-year medical student at the School of Medicine in Sydney, The University of Notre Dame, Australia. Prior to this, she completed a Bachelor of Commerce at the University of Sydney, majoring in Finance and Accounting. Antonia is passionate about a broad range of women's health issues. She has demonstrated this in her involvement with Youth in Motion, mentoring and tutoring young women and her recent participation in developing a tool to help women with breast cancer navigate clinical trials.

#### Miss Tamara Best BSc. Year 3 MD Student UNDA

Tamara is a third year medical student at the School of Medicine in Sydney, The University of Notre Dame Australia. Before this she completed a Bachelor of Science at the University of Sydney and begun a Masters in Nutrition and Dietetics before accepting a place at Notre Dame. She has a strong passion for wholistic health incorporating all aspects of an individuals circumstances to treat and help. Tamara hopes to pursue a career in which she can assist people of all backgrounds and classes.

#### Ms Clare Maher BVis Sci MOptom. Year 3 MD Student UNDA

Clare Maher is a third year medical student at the School of Medicine in Sydney, the University of Notre Dame Australia. Prior to this she completed a Master of Optometry (with Distinction) at the Queensland University of Technology. Clare has a strong interest in ophthalmic research and the advances being made in the field of corneal Biofabrication. Clare is passionate about developing innovative techniques to ameliorate the burden on the health care system and expedite patient waiting times for tissue transplants.

#### Dr Pejhman Keshvardoust, B. Science (Advanced) PhD. Year 3 MD Student UNDA

Pejhman completed his undergraduate studies and PhD in Medical Microbiology and Immunology at UNSW Sydney, with his research focusing on bacterial biofilms, quorum sensing and water sanitation. Following this he worked as the Academic Quality Coordinator for the Faculty of Science at UNSW. From his initial time as a session teaching academic, Pejhman has maintained active engagement in tertiary teaching across an array of courses from microbiology to engineering and science communication. He is passionate about improving access to medicine and education for those who have historically been most underserved by these sectors, particularly women and minority groups.

#### Ms Katerina D. Arvanitakis, BSc(Hons I). Year 3 MD Student UNDA

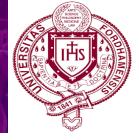
Katerina is a 3rd year medical student at the School of Medicine in Sydney, The University of Notre Dame Australia. Before undertaking her medical degree, she completed a Bachelor of Science with Honours Class I in Neuroscience at the University of New South Wales and Prince of Wales Hospital, where her thesis focused on electrocardiographic markers for cryptogenic stroke risk. Continuing her love for research, she is currently conducting three systematic reviews in the topic of Polycystic Ovarian Syndrome and is passionate about the topic and women's health in general.



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#### Ms Nancy Wei BBiomed. Year 3 MD Student UNDA

Nancy Wei is a third-year medical student at the School of Medicine Sydney, University of Notre Dame Australia. Before this she completed a year of Doctor of Dental Surgery at the University of Melbourne. She has a Bachelor of Biomedical Science degree (with Distinction) from Griffith University. Nancy is passionate about global, but specifically issues faced by women and those who identify as women in the healthcare sector. She has volunteered overseas in Vietnam, India and China to provide health services and education in rural/regional areas. Nancy grew up on the Gold Coast, QLD and hopes to undertake BPT in future.

#### Professor Elaine Congress, MSSW, MA, DSW, LCSW

Associate Dean and Professor Fordham University Graduate School of Social Service, New York. Co-chair Fordham Institute for Women and Girls

#### Ms Cici Ogden BS(mathematics) MSW Student at Fordham University, New York

Cici has completed a Bachelor of Science at Fordham University and is currently pursuing a Masters in Social Work from Fordham University. As part of her studies she is interning under Dr. Elaine Congress in the civil society sector of the United Nation, and under Dr. George Garland at the United Nations Association Southeastern New York Division.

**Ms. Cindy Frias-Aguilar, BA MSW Student at Fordham University, New York** Cindy is a MSW Student at Fordham University in New York City. After receiving her bachelor's degree from the State University of New York at Albany, she completed a year of service through an AmeriCorps program, "City Year" which then led her to pursuing a career in child welfare. Cindy is most passionate about women's rights and aims to advocate for the parents she comes in contact with through her role as a Child Protective Specialist. Cindy is currently interning in a dual placement through NYC Children and at the United Nations.

Professor Lynne Madden UNDA

#### ACKNOWLEDGEMENT



#### Dr Stephen Bested BHK(Hons), MHK, PhD

Stephen is a coordinator for the Graduate Diploma of Health and Medical Sciences Program at the National School of Medicine, Sydney Campus, UNDA. He teaches across Human Body 1 and 2. He is an active researcher at the University. His research interests are in motor control and skill acquisition, robotic guidance, and the development of new training methodologies and technologies to employ robotic physical guidance effectively. Currently, Stephen is investigating the influence that osseointegration implantation has on lower limb prostheses proprioception

#### Mr Charleston Cachuela, BA Digital Media UC

Charleston is passionate about graphic design, subliminal photography, videography and anything design and arts. He currently works as a Digital Media and Online Learning officer for the University of Notre Dame Australia



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